

Mental Health Services (Diagnostic / Therapy)

Affinity Psychological Services
Acquire Mental Health
Better Days Psychiatry
Bridge Healing Center
Central MN Mental Health Center (CMMHC)
CentraCare – Behavioral Health
Catholic Charities Behavioral Health Clinic
Center for Family Counseling
Center for Psychological Services
Charlie Health
Effective Living Center
Granite City Counseling
Lakeland Mental Health Centre
Life Seasons Professional Counseling, LLC
Pathways Counseling (Formerly Life Steps)
Milestone Counseling Inc.
Nystrom & Associates
NorthStar Behavioral
Partners Behavioral Health
Processus Counseling
Prism Mental Health
The Village Family Service Center
Solutions Behavioral Healthcare Professionals
S.B. Consulting
Psychotherapeutic Resources
Lion Youth & Community Services, LLC
Lutheran Social Services St. Cloud/Alexandria
yourpathhealth.org

Addiction Services (Assessments)

Better Days Psychiatry
CentraCare Adult Addiction Services
CMMHC
Charlie Health
Lakeland Mental Health (Outpatient Therapy)
Effective Living Center
Northern Pines Long Prairie
NorthStar Behavioral Health
Nystrom & Associates
The Village Family Service Center
Life Seasons Professional Counseling, LLC
Life Steps / Pathways Counseling
Milestone Counseling Inc
Sobriety First
True Foundations
yourpathhealth.org

Domestic Violence Programming:

Catholic Charities
CMMHC – Buffalo (Via Zoom)
Effective Living Center
Granite City Counseling
The Extra Step (theextrastepwa.com)
True Foundations
Rivers of Hope
The Domestic Abuse Project (mndap.org)

Adolescent/ Youth/ Children Providers

Central MN Mental Health Center (CMMHC)
CentraCare – Behavioral Health
Catholic Charities Behavioral Health Clinic
Center for Family Counseling
Charlie Health
Lakeland Mental Health Centre
Pathways Counseling (Formerly Life Steps)
Lion Youth & Community Services, LLC
Lutheran Social Services (St. Cloud)
Pathways for Youth
Milestone Counseling Inc.
Northern Pines Long Prairie
Nystrom & Associates
The Village Family Service Center
Woodlands Center

LGBTQ+ Friendly Service Providers

Affinity Psychological Services
Charlie Health
Life Seasons Professional Counseling, LLC
Prism Mental Health
Pathways Counseling
The Village Family Service Center
CentraCare – Behavioral Health
Nystrom & Associates
stcpride.org

Acquire Mental Health

Mental Health Services
Diagnostic Assessment
Therapy/ Counseling – various specialties
107 Doctors Park, St. Cloud, MN
contact@acquirementalhealth.com
218-820-7671

Bridge Healing Center

Addiction & Mental Health Services
Comprehensive Assessment
Intensive Outpatient Programming
Counseling/ Therapy
Address: 22 Wilson Ave NE, St Cloud #109
Phone: 320-774-1597

**Central MN Mental Health Center
(CMMHC)**

Addiction & Mental Health Services
Diagnostic / Comprehensive Assessment
Outpatient Treatment
Therapy – Various Specialties (DBT, Addiction)
Peer Support /ARMHS
Address: 1321 13th St. N, St. Cloud, MN
Phone: 320-252-5010

Better Days Psychiatry

Addiction & Mental Health Services
Evaluations / Therapy
Medication Management
4180 Theiman Ln. #100
St Cloud, MN
320-281-3154

**CentraCare –Mental Health Services –
Behavioral Health (St. Cloud, Melrose)**

Diagnostic Assessment / Psychological Testing
Psychiatry
Inpatient/ Partial Hospitalization
Phone: 320-255-6677
1900 CentraCare Circle, St. Cloud, MN 56303
Phone: 320-255-5600

CentraCare Adult Addiction Services

Substance Use Disorder Assessment
Outpatient Treatment Programs: High, Medium,
Low, Relapse Prevention
Medical Assisted Treatment (MAT)
Address: 3701 12th St. N, Suite 201, St. Cloud
Phone: 320-229-3760

Core Professional Services

Anger Assessment
Domestic Violence Assessment
Psychological Assessment
Psychosexual Assessment
110 14th Ave E, Sartell, MN 56377
320-202-1400

**Catholic Charities Behavioral Health
(See Granite City Counseling)**

Diagnostic Assessments
Day Treatment (Adolescent IOP program)
Counseling / Therapy Services

**Center for Family Counseling (St.
Cloud/Various Locations/Telehealth)**

Counseling / Therapy – Various Specialties
Address: 2025 Stearns Way, Suite 111, St.
Cloud, MN 56303
Phone: 320-253-3540
Fax: 651-383-4931

Charlie Health Program

Addiction & Mental Health Services
IOP for Teens & Adults
Virtual intensive therapy
Telehealth SUD & MAT treatment
www.charliehealth.com
640-206-0799

Center for Psychological Services

Telehealth Therapy
Gender-Specific Therapy
600 25th Ave S, Suite 109, St. Cloud, MN
Phone: 320-255-0343

Affinity Psychological Services

Therapy Various Specialties
Psychological Testing & Assessments
3400 1st St. N, Suite 101, St. Cloud, MN 56303
612-268-5858 (Call or Text)
612-268-5868

Effective Living Center

Addiction & Mental Health Services
Assessments
Domestic Violence Programming
Outpatient - IOP ASAM 1.2 – 2.1
Individual Therapy
821 W Saint Germain St. St. Cloud
320-259-5381

Granite City Counseling

Therapy – various specialties
Domestic Violence Programming
Anger Management
Women's Specific Cog
Diagnostic Assessments
911 18th Street North, St. Cloud, MN 56303
320-650-1660
granitecitycounseling.com
Email: info@granitecitycounseling.com

Lakeland Mental Health Centre

Adult & Children's Mental Health & Addiction
Diagnostic Assessment
Outpatient treatment Children's & Adults
Therapy: Various specialties (DBT)
702 34th Ave East, Alexandria, MN 56308
Phone: (320) 762-2400

Life Seasons Professional Counseling

Therapy – Various Specialties (EMDR, CBT)
Phone: (320) 235-4900
Email: bhubers@lifeseasons.net
Phone: (320) 235-4900
Email: bhubers@lifeseasons.net

Pathways Counseling (Long Prairie)

Children's and Adults
Counseling / Therapy
Address: 15 1st Ave S, Ste 2, Long Prairie, MN
Phone: 320-732-3344
Fax: 320-732-3352
Email: pathwaysmn@outlook.com

Lion Youth & Community Services, LLC

Youth & Community Services
Address: 600 25th Ave S Suite 209, Saint Cloud,
Minnesota 56301
Phone: (320) 420-1272
Fax: (320) 240-6814
info@lionyouthandcommunityservices.org

Lutheran Social Services (LSS)

Children & Adults
Veteran Specific Resources
Independent Living Skills, Education, LGBTQ+
Therapy / Counseling

Lutheran Social Services**Behavioral Health Services - St. Cloud**

Phone: 320-251-7700
Email: STCcounseling@lssmn.org
Address: 2835 W St. Germain St. #550, St.
Cloud, MN 56301

Pathways 4 Youth

Phone: 320-316-1640
Email: Pathways4Youth@lssmn.org
Address: 203 Cooper Ave N, Suite 260, Saint
Cloud, MN 56301

Milestone Counseling Inc.

Children & Adults
Diagnostic offered for ongoing therapy
Therapy / Counseling Services
3333 West Division Street Suite 119
Phone: 320-774-1621
Fax: 320-774-1624
Website: stcloudcounselors.com
Email: info@milestonecounselinginc.com

NorthStar Behavioral Health

Chemical Use Assessment
Diagnostic Assessment
Therapy/ Counseling
Outpatient Programming
846 33rd Street South Saint Cloud, MN
651-724-3314
northstarbehavioralhealthmn.com

Northern Pines Long Prairie

Addiction & Mental Health
Diagnostic Assessments
Substance Use Assessments
Therapy/Counseling: Various Specialties
Adolescent Outpatient Programming
Adult Outpatient Programming
PO Box 367, Little Falls, MN 56345
Phone: (320) 639-2025

Partners Behavioral Healthcare

Adult & Children
Addiction & Mental Health
Diagnostic / Comprehensive Assessment
Outpatient , IOP, Telehealth Programming
Mental Health Programming
Residential/ Board & Lodging options
pirmn.com/online-referral-form/
Phone: 651-422-9466

Nystrom & Associates

Addiction & Mental Health Services
Children & Adults
Diagnostic/Psychological Testing
Therapy/Counseling: Various & DBT
Outpatient Treatment/ Relapse Prevention
Driving with Care
Substance Use Disorder Assessment
Address: 101 Dehler Drive, Sartell, MN 56377
Phone: (320) 253-351

Processus Counseling

Therapy (EMDR, CBT, DBT)
**Address: 110 - 2nd Street South, Suite 301,
Waite Park, MN 56387**
Fax: 320-656-1570
Phone: 320-252-2976
Email: processuspa@gmail.com

Prism Mental Health

Mental Health Counseling for Adults 18+
Adults on the Spectrum
LGBTQ+ Specialization
14 7th Avenue North #107, St. Cloud, MN
Phone: 320-217-9964
Email: info@prismmentalhealth.com

Psychotherapeutic Resources

Addiction & Mental Health Services
Adults & Children
Therapy, Various Specialties
1411 West Saint Germain Street, Suite 105
Website: www.yourcaringresource.com
Phone: 320-253-3715

S.B. Consulting

Diagnostic Assessments
Chemical Health Evaluations (Meets Rule 31 &
Rule 25 Criteria)
Individual Therapy, Court Ordered Therapy
Address: 14 7th Avenue North, St. Cloud, MN
Phone: (320) 309-0936

Sobriety First (St Cloud)

Outpatient treatment
Chemical Use Assessment
Cog Skills (MRT)
Domestic Abuse Counseling ?
Therapy- Various Specialties
Address: 266 33rd Ave. S Saint Cloud, MN
Phone: 320-251-0209

Solutions Behavioral Healthcare**Professionals**

Mental Health Services
Therapy (Various Specialties: DBT, TCM, CBT)
Address: 1801 Amber Ave S, Sartell, MN
Phone: (320) 281-5305
Fax: (320) 774-1114
www.solutionsinpractice.org/st-cloud-mn

VA Medical Center

Services Offered: Veteran Specific
Address: 4801 Veterans Dr, St Cloud, MN
Phone: (320) 252-1670

The Village Family Service Center

Children & Adults
Addiction & Mental Health Services
Therapy / Counseling Various Specialties
Intensive Outpatient Treatment
Address: 110 6th Ave. S., #100, St. Cloud, MN
Phone: (320) 253-5930
Fax: (651) 925-0057

True Foundations Counseling

Addiction & Mental Health Services
Chemical Health Assessment/ Intervention
Domestic Violence Programming
Driving with Care
8500 Edinbrook Parkway Suite A
Brooklyn Park, MN
612-462-0826
763-657-1551
Contact: JohnTmaclin@hotmail.com

Your Path

Mental Health & Addiction Service
Comprehensive Assessment & Referral
Call: 612-895-1510
Text: 833-454-9209
info@yourpathhealth.org
yourpathhealth.org

Telehealth Options:

Acquire Mental Health
Better Days Psychiatry
Bridge Healing Center
Central MN Mental Health Center (CMMHC)
Catholic Charities Behavioral Health Clinic
Center for Family Counseling
Center for Psychological Services
Charlie Health
Affinity Psychological Services
Granite City Counseling
Life Seasons Professional Counseling, LLC
Lion Youth & Community Services, LLC
Milestone Counseling Inc.
Nystrom & Associates
Partners Behavioral Healthcare
Processus Counseling
Prism Mental Health
Psychotherapeutic Resources
S&B Counseling
Solutions Behavioral Healthcare
The Village Family Service Center
The Extra Step
True Foundations Counseling
VA
yourpathhealth.org

Telehealth Services Disclaimer:

Some of the programs listed in this section offer telehealth services. Please note that not all services provided by these programs are available via telehealth. Availability may vary based on location, provider, or specific needs. Contact each provider directly to confirm current telehealth options and eligibility.